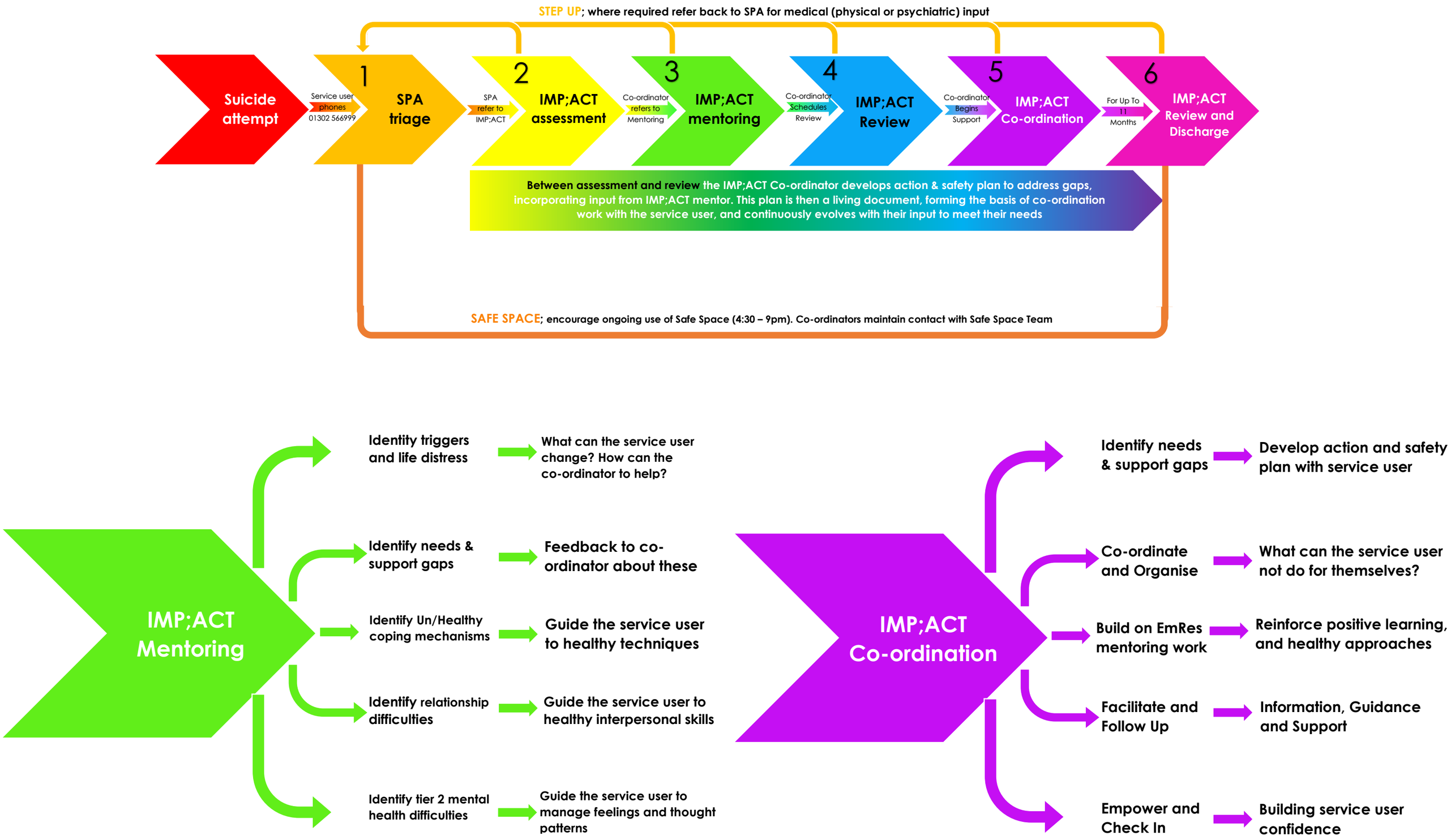
STEP UP; where required refer back to SPA for medical (physical or psychiatric) input
Suicide attempt
Service user phones 01302 566999
1
SPA triage
SPA refer to IMP;ACT
2
IMP;ACT assessment
Co-ordinator refers to Mentoring
3
IMP;ACT mentoring
Co-ordinator Schedules Review
4
IMP;ACT Review
Co-ordinator Begins Support
5
IMP;ACT Co-ordination
For Up To 11 Months
6
IMP;ACT Review and Discharge
Between assessment and review the IMP;ACT Co-ordinator develops action & safety plan to address gaps, incorporating input from IMP;ACT mentor. This plan is then a living document, forming the basis of co-ordination work with the service user, and continuously evolves with their input to meet their needs
SAFE SPACE; encourage ongoing use of Safe Space (4:30 – 9pm). Co-ordinators maintain contact with Safe Space Team
IMP;ACT Mentoring
Identity triggers and life distress
What can the service user change? How can the co-ordinator to help?
Identify needs & support gaps
Feedback to co-ordinator about these
Identify Un/Healthy coping mechanisms
Guide the service user to healthy techniques
Identify relationship difficulties
Guide the service user to healthy interpersonal skills
Identify tier 2 mental health difficulties
Guide the service user to manage feelings and thought patterns
IMP;ACT Co-ordination
Identify needs & support gaps
Develop action and safety plan with service user
Co-ordinate and Organise
What can the service user not do for themselves?
Build on EmRes mentoring work
Reinforce positive learning, and healthy approaches
Facilitate and Follow Up
Information, Guidance and Support
Empower and Check In
Building service user confidence