



Ensuring that no front door to mental health support is closed when people need it the most.

The alliance supports individuals at any point on their mental health journey to recover from crisis, restore emotional resilience and prevent deterioration.

Resilience + Prevention

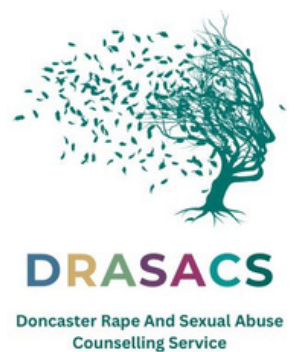
DONCASTER MIND WELLBEING SERVICE



DM's wellbeing service includes an enormous variety of one-to-one and group support, from goal-focussed mentoring, to outdoors activities.

Resilience + Prevention

DONCASTER RAPE AND SEXUAL ABUSE COUNSELLING SERVICES



DRASACS' one-to-one counselling and group support includes specialist therapies, advocacy and more for survivors of sexual harm.



Restoring + De-escalation

DONCASTER PFG SAFE SPACE SERVICE

Safe Space is an alternative Crisis Support service, delivered by a team of peers with lived experience, helping people their mental health recovery journey by providing support at the time of crisis. Safe Space provides telephone and in person support, 7-days a week 2pm - 2am, 365 days per year.

Recovery + Aftermath

DONCASTER IMP;ACT SERVICE



IMP;ACT provide one-to-one support to adults who have made a suicide attempt in the last 12 months. This includes help with emotional resilience and practical issues.

Recovery + Aftermath

DONCASTER MIND HIU SERVICE



HIU provide one-to-one support to adults who attend emergency services more than 5 times a month. Support includes coaching, psychological support and much more.