

IMP;ACT

IMPROVING; Attitudes, Choices, Thoughts

Supporting people who have attempted suicide to recover and find new ways to live.

IMP;ACT is leading the way in helping people who have been suicidal in the last 12 months to find ways and reasons to live.

Our compassionate team of IMP;ACT mentors provide one-to-one support to overcome the issues leading to the suicide attempt.

Our experienced team of IMP;ACT co-ordinators work proactively to put support, and services in place to prevent future suicide attempts.

Our aim is to help you find reasons to live, in ways that work for you.

Phone 01302 566999 to ask for a referral to IMP;ACT

A collaboration between:



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